



MALDIVES

InterContinental Maldives Maamunagau Resort

LUSSO

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SECTION 1

InterContinental Maldives Maamunagau Resort in Short

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InterContinental Maldives Maamunagau Resort in Short

InterContinental Maldives Maamunagau Resort combines contemporary luxury with the beauty of the Maldives, creating a property that's refined, refreshing and relaxed. With fine dining, snorkelling, family facilities and marine conservation experiences, it's a sophisticated island escape for couples, families and multi-generational travellers.



SECTION 2

The Quick Fit Check

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The Quick Fit Check

Usually works
well for travellers
who want:

- ✓ A modern luxury resort
- ✓ A wide range of activities and leisure facilities
- ✓ Options for dining with seven restaurants
- ✓ An all-inclusive option
- ✓ Larger rooms for big families in the Residences
- ✓ Spectacular diving & snorkeling

Less suited
if they want:

- ✗ Adult-only resorts as this is very family friendly
- ✗ An all-inclusive resort as standard, as this is offered as a supplement
- ✗ A destination where speedboat transfers form part of the arrival experience



SECTION 3

The Stay Guide

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The Stay Guide

THE FLAGSHIP OPTION

Three Bedroom Royal Beachfront Pool Residence

Escape to a lush green sanctuary on this private island with the stunning Royal Beachfront Pool Residence. Offering three separate bedrooms, a large main private pool and a plunge pool for the third bedroom, this is the ultimate in luxury and privacy.



SECTION 3

The Stay Guide



OVERWATER WOW

Two & Three Bedroom Overwater Pool Residences

Located at the far end of the overwater boardwalk, these secluded large residences offer the perfect getaway. Single level, two-bedroom options curve around a private pool, offering uninterrupted views and direct lagoon access. The larger option offers a master bedroom on the first floor with an even bigger curved infinity pool.



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The Stay Guide

THE BEST OF BOTH WORLDS

One Bedroom Lagoon Pool Villas & One Bedroom Sunset Lagoon Pool Villas

Set in the middle of the resort, each two-storey Lagoon Pool Villa offers the best of both worlds, with the beach on one side overlooking the calm waters of the internal lagoon, while the private infinity pool faces the sea and provides direct access for snorkelling and swimming.



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The Stay Guide

THE OVER WATER OPTION

Overwater Pool Villa &
Sunset Overwater Pool Villas

The long boardwalk across the lagoon leads to the Overwater Pool Villas, one of the signature experiences of a stay in the Maldives. Large interiors feature open-plan bathrooms with views across the lagoon, while each villa includes a private infinity pool and uninterrupted ocean views.



SECTION 3

The Stay Guide

THE BEACH OPTION

Beach Pool Villa

The secluded Beach Pool Villas, located amongst the island's lush vegetation, offer contemporary accommodation featuring open-plan bathrooms, outdoor showers and an al fresco dining area. In front of the living area sits a private pool, while the soft white sand and clear blue waters are just steps from the villa.



SECTION 3

The Stay Guide

Matching rooms to Traveller Types

Couples or first-time Maldives travellers → *Overwater Pool Villa*

Honeymooners → *Sunset Overwater Pool Villa*

Parents with older children → *Overwater Pool Residence*

Parents with young children → *Family Beach Pool Villa*

Milestone celebrations → *One Bedroom Sunset Lagoon Pool Villa*

Returning Maldives/Indian Ocean travellers → *One Bedroom Lagoon Pool Villa*



SECTION 4

A Day That Works Well Here

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A Day That Works Well Here

Morning

- For early risers, start the day with a complimentary sunrise yoga session.
 - Head to Cafe Umi for breakfast, offering cooked-to-order dishes, mouthwatering pastries and more alongside majestic morning views.
 - The lagoon is usually at its calmest first thing, making it a good time to snorkel, paddleboard or take out one of the complimentary kayaks.
-

Midday

- Head to The Collective by the main pool for a casual lunch or maybe get creative and take a cooking class.
 - After a busy morning, try AVI Spa for an afternoon treatment.
-

Late Afternoon

- Club InterContinental Afternoon Tea is served at The Retreat and The Collective between 3pm and 5pm, making it an easy stop between the beach and the evening.
 - For something a little different, guests can join a nurse shark encounter and observe these gentle creatures in their natural environment.
-

Evening

- Before dinner, Club InterContinental Evening Aperitifs offer a selection of premium drinks, wines and cheeses.
- Dine at the signature restaurant The Lighthouse, offering Mediterranean delights and stunning views.
- Round off the evening with a final drink by the pool bar before heading back to the villa.

SECTION 5

What's New and Worth Knowing

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What's New and Worth Knowing



The Manta Trust

Working in partnership with the Manta Trust since 2019, InterContinental Maldives Maamunagau Resort gives guests the opportunity to learn more about one of the Maldives' most significant manta ray habitats. Educational talks, guided excursions and access to the resident marine research team help guests better understand the work being carried out to study and protect these vulnerable species.

Kids & Teens

The resort works particularly well for families, with spacious accommodation and a broad range of activities across different age groups. Younger guests aged 4–12 have access to Planet Trekkers, while older children and teenagers can join the Teen Escapades programme, which offers a changing schedule of activities designed specifically for their age group.



SECTION 5

What's New and Worth Knowing

Spa & Wellness

The resort's exceptional AVI Spa offers an extensive range of therapies designed to restore balance, relaxation and wellbeing. Set overwater in a tranquil setting, this serene retreat is a destination in itself. Throughout the year, visiting wellness practitioners further enhance the experience with specialist treatments and immersive wellness programmes.



Club InterContinental

InterContinental Maldives Maamunagau Resort includes a range of Club InterContinental benefits for every guest, from breakfast and afternoon tea to evening aperitifs. Supported by dedicated Island Curators, guests also have access to snorkelling equipment, non-motorised watersports, island bicycles and a private seaplane lounge. Together, these inclusions remove much of the planning from the stay and are a large part of what sets the resort apart.

SECTION 6

Voices From the Stay

SECTION 6

Voices From the Stay

"The mixture of a super luxury resort and exceptionally friendly staff is unbeatable."

S.W.

JUNE 2026

"Already looking forward to our next time. This place is Paradise."

D.U.

MAY 2026

"A wonderful location with crystal clear water and a vibrant reef."

J.T.

APRIL 2026

"The resort itself gave us a true feeling of comfort, relaxation and care. We were left with absolutely wonderful memories."

V.P.

MAY 2026

"Clean, calm, and beautifully understated. Leaving felt like saying goodbye to family in paradise."

N.D.

APRIL 2026

"The wildlife and location were amazing, the food was high standard, and staff were first-class."

C.

DECEMBER 2025

SECTION 6

Voices From the Stay



Fam Trip Notes From Our Team

“InterContinental Maldives Maamunagau Resort genuinely exceeded my expectations, perfectly balancing contemporary luxury with a relaxed island feel, ideal for both couples and families alike. The dining was a real highlight – from the iconic Lighthouse restaurant to private beach dinners and relaxed lunches at the adults-only Retreat – while the snorkelling straight from the beach was exceptional. What truly sets the resort apart though is its partnership with the Manta Trust, giving guests the rare opportunity to experience one of the Maldives’ most extraordinary manta ray habitats while supporting vital conservation work.”

Mark Hibbert

OPERATIONS DIRECTOR

SECTION 7

Beyond the Booking

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Beyond the Booking



Marine Experiences

Located in Raa Atoll and close to the UNESCO Biosphere Reserve, the resort offers access to some of the Maldives' most recognised marine encounters. Manta rays can often be seen in Raa Atoll between December and April, while excursions to Hanifaru Bay in neighbouring Baa Atoll operate from June to November when conditions are right. Nurse shark encounters are available throughout the year, while the PADI dive centre offers access to a range of dive sites across the atoll.

Ocean and Water-Based Experiences

The lagoon around the island is used for a range of water-based activities. Motorised options include jet skis and seabobs, alongside non-motorised activities such as kayaking and paddleboarding. Conditions are generally calm, which makes it accessible across different levels of experience.



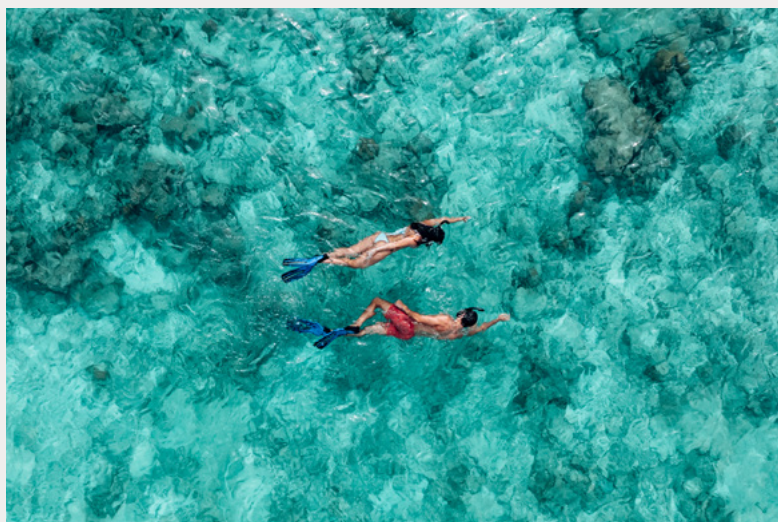
SECTION 7

Beyond the Booking

Boat Excursions and
Time on the Water

Boat-based experiences form part of the wider stay, offering access beyond the island itself.

Options include guided snorkelling trips, sunset cruises and private charters, depending on availability. These are arranged through the resort and can be planned around the stay.



SECTION 9

FAQs

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FAQs

What are the meal options?

As part of Club InterContinental, all guests have breakfast included. On top of that, the resort offers Half Board and Full Board with dine-around privileges. All-Inclusive and Premium All-Inclusive packages are also available and include drinks, with champagne and minibar access included as part of the Premium offering.

What kind of traveller does the resort suit best?

Almost anyone. The resort offers a luxury retreat with soft white sand beaches, clear lagoon waters, a wide range of activities and a strong selection of dining options. Families, couples, solo travellers, guests celebrating a special occasion, divers or those simply looking to relax are all well catered for.

How does it compare to other resorts in the Maldives?

It sits comfortably within the luxury Maldivian market, comparing well with resorts such as Four Seasons Landaa Giraavaru, Anantara Kihavah and others. With spacious villas, all featuring private pools, strong service and a wide range of dining options, it offers many of the qualities guests expect from a leading five-star resort in the Maldives.

Are the Maldives a good alternative to other Indian Ocean islands such as Mauritius or Seychelles?

The Maldives offers what many would consider the quintessential Indian Ocean experience, with each resort set on its own private island within an atoll. This brings a level of privacy that is harder to replicate in Mauritius, where the structure of the resorts creates a more contained stay. Compared to the Seychelles, the overall value often comes from how much is included within one place.

How long should guests stay?

A week is the minimum stay we would usually recommend for the Maldives. With flying times often exceeding 10 hours, anything shorter can feel like a lot of travel for a relatively brief stay. Ten to fourteen nights is ideal, with plenty on offer both on and off the water to fill the time.

Is the resort suitable for families?

Absolutely. The larger accommodation categories offer plenty of space, with two and three-bedroom villas and private residences providing flexibility for larger families or those travelling with older children. For younger guests, Planet Trekkers offers a dedicated kids' club, while teenagers have access to their own programme of activities designed specifically for their age group.

When is the best time to book?

Booking early helps secure the best availability and room choice, particularly during peak periods. Summer is generally considered low season and can offer better value, while October through to April is typically the most popular time for winter sun, with warm temperatures and a lower chance of rainfall.

What usually surprises guests?

The resort's location close to the Baa Atoll UNESCO Biosphere Reserve, along with the abundance and variety of marine life, is often a pleasant surprise for guests who may not realise quite how much there is to see beneath the surface. Time your visit well and it may be possible to observe manta rays in the waters around the resort.

Is it suitable for honeymoons?

As with many Maldives resorts, it works particularly well for honeymoons. Spacious villas, private pools and sunset views create a naturally romantic setting, while the variety of dining options offers plenty of opportunities for quieter moments together.

SECTION 10

Content Angles You Can Use

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Content Angles You Can Use

Below are positioning routes that work well at InterContinental Maldives Maamunagau Resort. Each can be adapted to email, Instagram, LinkedIn or a traveller proposal.

Luxury Meets Conservation

Focus on the Manta Trust, marine conservation experiences and access to one of the Maldives' most important manta ray habitats.

This works well for:

- Luxury travellers
- Sustainability and conservation-conscious travellers
- Those interested in diving and snorkeling

You might frame it around:

- Marine research and education
- Conservation and the Manta Trust
- Luxury with a connection to place
- Learning more about the Maldives' marine environment

Maldives Family Luxury

Highlight how the resort combines high-end accommodation with facilities and activities designed for different age groups.

This works well for:

- Families of any generation
- Luxury travellers
- Guests travelling for special occasions

You might frame it around:

- Multi-generational travel
- Family time together
- Space and flexibility
- Luxury with something for everyone

Elevated Club InterContinental Experience

Focus on the Club InterContinental inclusions and the support provided by the Island Curator team.

This works well for:

- High-end clients
- Those looking for a more inclusive experience
- Guests who appreciate help planning their stay

You might frame it around:

- Ease from arrival to departure
- Club InterContinental benefits
- Added value through inclusions
- Personalised support

Culinary-Led Maldives Escape

Focus on a resort where dining plays a significant role in the overall experience.

This works well for:

- Food-focused travellers
- Guests looking for variety in the Maldives
- Those interested in cooking classes and culinary experiences

You might frame it around:

- Dining as part of the destination
- Variety throughout the stay
- Contemporary island dining
- Time spent around the table

USING THE ASSETS

We have included a bank of current imagery and short-form video supplied directly by the hotel. These can be used alongside your content.

SECTION 11

Who to Call

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Who to Call

Our team is here to help with villa selection, tailored stays and special requests. If you'd like guidance on positioning InterContinental Maldives Maamunagau Resort for the right traveller profile, please contact one of the team below.



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