



BARBADOS

Sandy Lane

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SECTION 1

Sandy Lane in One Sentence

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Sandy Lane in One Sentence

Sandy Lane is one of the Caribbean's most famous resorts, set on Barbados' Platinum Coast and known for its golf, its well-known guests and the kind of reputation only a handful of hotels ever build.



SECTION 2

The Quick Fit Check

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The Quick Fit Check

Usually works well for travellers who want:

- ✓ A stay at one of the Caribbean's most iconic resorts
- ✓ Championship golf with three courses including the Green Monkey
- ✓ Award winning Spa and Wellness facilities with a 47,000 square foot sanctuary
- ✓ Honeymoons or milestone trips where the hotel itself is part of the occasion
- ✓ A luxury arrival experience with VIP airport arrivals and private transfers included

Less suited if they want:

- ✗ An informal resort atmosphere with no evening dress expectations
- ✗ A hotel designed around local Bajan culture and style
- ✗ A simple or understated Caribbean escape
- ✗ A small boutique style property



SECTION 3

The Stay Guide

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The Stay Guide

THE FLAGSHIP OPTION

The Sandy Lane Suite

The Sandy Lane Suite is the hotel's most prominent accommodation and occupies the entire top floor of the Turtle Wing. This four-bedroom residence overlooks the Platinum Coast with expansive terraces designed for entertaining or long afternoons outdoors.

It is typically chosen for milestone stays, family gatherings or guests who want the scale and privacy of a residence while remaining fully connected to the hotel.



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The Stay Guide

THE VILLA OPTIONS

The Villa at Sandy Lane

Hidden behind private gates and nestled within manicured gardens, The 5-bedroom Villa is offers the privacy of a standalone property while still allowing guests to move easily between the beach, restaurants, golf and spa.

With a dedicated villa butler and chef, it appeals to families or small groups who want the feeling of their own home in Barbados while still enjoying the full services of the hotel.



SECTION 3

The Stay Guide

THE SUITE OPTIONS

Luxury Orchid Suites,
Dolphin Suites and
Luxury Dolphin Suites

The suites represent a noticeable step up in space from the room options and are among the most frequently requested categories for longer stays.

Large terraces and separate living areas make them particularly comfortable for guests who plan to spend time in the suite as well as around the resort. Two-bedroom configurations are regularly chosen by families travelling with older children or couples travelling together.

Many returning guests move into these categories once they know the hotel well.



SECTION 3

The Stay Guide

THE ROOM OPTIONS

Luxury Ocean Rooms
& Ocean Rooms

Even the entry-level rooms at Sandy Lane are generous in size, each with large private terraces that open towards the Caribbean Sea.

They work well for couples or shorter stays where most of the day is spent enjoying the beach, spa and restaurants rather than in the room itself. Guests who prioritise uninterrupted sea views often choose the Luxury Ocean Rooms.



SECTION 3

The Stay Guide

Matching rooms to Traveller Types

Couples or first-time Barbados travellers → *Ocean Room or Luxury Ocean Room*

Honeymooners → *Luxury Ocean Room*

Parents travelling with older children → *Luxury Orchid or Luxury Dolphin Suite*

Milestone celebrations or extended family trips → *The Sandy Lane Suite (four-bedroom)*

Guests wanting full privacy → *The Villa at Sandy Lane*

Golf travellers or longer stays → *Luxury Ocean Room or Dolphin Suite*



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A Day That Works Well Here

SECTION 4

A Day That Works Well Here

Morning

- Breakfast at Bajan Blue, where most guests begin the day overlooking the beach and the Platinum Coast
 - Private Champagne breakfast arranged on the suite terrace or veranda. Usually organised once during the stay for honeymoon or celebration trips rather than every morning
 - Early tee time at The Green Monkey, secured as one of the first slots before the heat builds. Playing in the early morning mist as the monkeys emerge from the limestone gully is considered the peak experience for golfers.
 - A swim or snorkel from the beach while the sea is calm. Turtle sightings do occasionally happen along this stretch of coast
-

Midday

- Lunch at Bajan Blue, which carries a lot of the daytime dining here. Guests often return for seafood, salads and lighter dishes after the beach or golf
 - Non-motorised watersports from the beach including Hobie Cats, paddleboards and kayaks
 - Glass-bottom boat trips along the reef. These work well around midday when the sun is high and underwater visibility is best
 - Time at the beach or main pool. Service here is one of the reasons many guests return to Sandy Lane year after year
-

Late Afternoon

- Afternoon Tea served between 3pm and 5pm on The Lower Terrace, a long-standing Sandy Lane tradition with finger sandwiches, warm scones and pastries overlooking the gardens
- Spa treatments are often placed later in the afternoon rather than first thing, particularly after time in the sun earlier in the day
- Sunset drinks at The Beach Bar, still one of the hotel's most recognisable spots overlooking the water

SECTION 4

A Day That Works Well Here

Evening

- Dinner at Bajan Blue, particularly on one of its themed evenings such as Taste of the West Indies, Pearls of Asia or Portrait of Italy
- The Monkey Club - a contemporary brasserie with live music from 'DJ Miaa'
- The Monkey Bar before or after dinner for cocktails rather than returning straight to the room
- Private terrace dining works well for milestone celebrations, with multi-course dinners served in-suite by the hotel team

SECTION 5

What's New and Worth Knowing

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What's New and Worth Knowing



The Green Monkey Course Renovation

During summer 2025, The Green Monkey course closed for a full renovation, including the rebuilding of greens and installation of new tee boxes.

For golfers this matters. The course is widely regarded as one of the most exclusive in the Caribbean and is only accessible to Sandy Lane guests. The renovation ensures the course remains at the level serious golfers expect when travelling specifically to play it.

A Significant Anniversary

2026 marks the 25th anniversary of Sandy Lane's reopening. The original hotel opened in 1961, before closing in 1998 for a complete rebuild. After three years of redevelopment, the resort reopened on 17 March 2001, creating the property that exists today.

For many travellers this anniversary reinforces Sandy Lane's place in Caribbean hospitality. Few resorts have that length of history combined with such a substantial modern rebuild.



SECTION 5

What's New and Worth Knowing



The Monkey Club Opening

In November 2024 Sandy Lane introduced The Monkey Club, a new dining concept within the space previously occupied by L'Acajou.

The restaurant has been reimagined as a contemporary brasserie, offering a refreshing taste of late-night glamour, style and sophistication.

This adds another strong dinner choice, particularly for guests staying longer than a few nights who appreciate variety across the week.

SECTION 6

Voices From the Stay

SECTION 6

Voices From the Stay

“It’s without doubt a fabulous experience... nothing beats it.”

T.F.

JANUARY 2026

“How do you describe the perfection that is Sandy Lane... it never disappoints.”

C.

DECEMBER 2025

“Their magic ingredient is of course the staff - beyond wonderful, charming, friendly and professional.”

D.

DECEMBER 2025

“Perhaps the best resort hotel in the world... certainly the best place I’ve ever stayed on a vacation.”

C.B.

AUGUST 2025

“The resort has all the facilities you’d expect of a five-star hotel, but it’s really set apart by its wonderful staff.”

E.F.

JULY 2025

“When you pair the unparalleled location with the attention to detail and amenities, you end up with something in a class of its own.”

C.B.

AUGUST 2025

SECTION 6

Voices From the Stay



Fam Trip Notes From Our Team

“Sandy Lane really does live up to the hype. It delivers exactly what it promises. It’s obviously beautiful, and everything just feels easy. The beach is a highlight with soft sand, calm water and that sense someone well-known might be nearby. The Monkey Club is a great spot, and the Green Monkey course great too, even if I left a few golf balls behind.”

Andrew Marshall

HEAD OF PRODUCT & COMMERCIAL

SECTION 7

Beyond the Booking

SECTION 7

Beyond the Booking



Harrison's Cave

Harrison's Cave is explored by electric tram through a network of limestone caverns, underground streams and large stalactite formations.

Catamaran Snorkel Cruise

Sailing along the west coast is one of the classic Barbados experiences. .

Catamarans travel south along the island's calm Caribbean side, usually stopping in Carlisle Bay where several shallow shipwrecks attract tropical fish and sea turtles. Most cruises include lunch and drinks, although private charters can be arranged when guests prefer a quieter day on the water.



SECTION 7

Beyond the Booking

Green Monkey Golf

For many guests, golf plays an important role in choosing Sandy Lane.

The resort’s Green Monkey course is widely regarded as one of the most exclusive in the Caribbean and access is limited to hotel guests.

Early morning tee times are usually the most requested, both for the temperature and for the pace of play.



St Nicholas Abbey & Rum Distillery

St Nicholas Abbey is one of the island’s best preserved plantation houses and home to a working rum distillery.

Visits usually include the historic house, the distillery and a rum tasting. It gives guests a sense of Barbados’ history and the role rum still plays in the island’s culture.

SECTION 7

Beyond the Booking

Exploring the East Coast

The Atlantic side of Barbados feels very different from the west coast where most resorts sit.

A private driver can take guests along the east coast through Bathsheba and the Scotland District, where the coastline becomes more wild and dramatic. It offers a good contrast to the calmer Caribbean beaches.



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FAQs

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FAQs

What are the meal options at Sandy Lane?

Guests typically book Bed & Breakfast or Half Board. Dinner on half board consists of 3 courses at the following restaurants (when available): Bajan Blue, The Spa Café, The Monkey Club, The Country Club, The Lower Terrace and In-room Dining.

What kind of traveller does Sandy Lane suit best?

Sandy Lane suits travellers looking for a well-established, high-end, luxury Caribbean resort with strong facilities and attentive service. Golfers, couples celebrating something special and families who return regularly all tend to enjoy the setting.

How does it compare to other resorts in Barbados?

Sandy Lane is one of the Caribbean's most recognised resorts and has been a defining address on Barbados' Platinum Coast for decades. The scale of the resort, with its golf courses, spa, tennis facilities and long stretch of beach, means guests often find much of the stay centred within the property itself.

Is Barbados a good alternative to other Caribbean islands?

Barbados suits travellers who want strong beaches alongside restaurants, culture and the ability to explore the island easily. The west coast offers calm swimming beaches, while the island also has a lively dining scene and a good mix of activities beyond the resort.

How long should guests stay?

Seven nights works comfortably for most travellers. Many guests choose ten nights when they want time to enjoy the resort as well as explore more of the island.

Is the resort suitable for families?

Yes. Sandy Lane welcomes families and has a well-established children's programme alongside facilities such as tennis, watersports and golf. The larger suites and connecting room options also work well for family stays.

When is the best time to book?

Winter travel, particularly from December through April, tends to secure early. Festive weeks and the higher suite categories often book well in advance, so planning ahead usually allows the best choice of room.

What usually surprises guests?

The size of the resort often surprises people once they arrive. Alongside that, many guests comment on the warmth of the Barbadian team and how quickly the atmosphere feels comfortable.

Is it suitable for honeymoons?

Yes. The setting on the Platinum Coast, spacious suites and the spa make it a comfortable choice for couples celebrating a honeymoon or anniversary.

SECTION 10

Content Angles You Can Use

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Content Angles You Can Use

Below are positioning routes that work well for Sandy Lane. Each can be adapted to email, Instagram, LinkedIn or a traveller proposal.

The Caribbean Icon

Focus on reputation and legacy.

This works well for:

- Travellers celebrating something significant
- Clients who want a well-known address
- Repeat Caribbean travellers looking for somewhere established

You might frame it around:

- Sandy Lane's long-standing reputation
- The 25-year anniversary of the resort's rebuild
- The role the hotel has played in Barbados' luxury travel story
- Guests who return year after year

The Platinum Coast Stay

Focus on location and setting.

This works well for:

- First-time Barbados travellers
- Couples wanting strong beach access
- Clients drawn to the west coast of the island

You might talk about:

- The calm waters of the Platinum Coast
- The long stretch of beach directly in front of the estate
- Sunset views and west coast sailing
- The ease of combining beach time with island exploration

Golf at the Centre of the Stay

Focus on Sandy Lane's golf offering.

This works well for:

- Golf-focused travellers
- Groups planning a golf trip
- Clients travelling specifically to play the Green Monkey

Build your story around:

- The three Sandy Lane courses
- The Green Monkey's reputation
- Early tee times and course access
- Combining golf with spa and beach time

Celebrations and Milestone Travel

Focus on the type of trips the property suits.

This works well for:

- Honeymoons
- Anniversaries
- Significant birthdays
- Multi-generational family gatherings

You can frame it around:

- Larger suites and villas
- Private dining options
- Spa time and beach days
- Celebrations that unfold across the estate

USING THE ASSETS

We have included a bank of imagery and video supplied directly by the hotel. These can be used alongside your own content when sharing Sandy Lane with travellers.

SECTION 11

Who to Call

SECTION 11

Who to Call

We spend a lot of time working with Sandy Lane, so if you'd like to talk through how a stay can be tailored, from room choice to the experiences that make the most of it, just get in touch with one of the team below.



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